

best bet would be to read zombie survival guide by max brooks. However if you lack time, funds or are just lazy I'll cut to the chase and give you a quick, light and excellent kit to survival the undead nightmare...

## Related



The EVERYDAY Altoids survival kit. (/id/The-EVERYDAY-Altoidssurvival-kit-1/)

## Step 1: What you need...





Altoids Survival Kit 2.0 (/id/Altoids-Survival-Kit-20/)

Zombie Apocalypse Survival Kit (/id/Zombie-Apocalypse-Survival-Kit/) by BudgetBugout



Wearable Survival Kit --Hat (/id/Wearable-Survival-Kit-Hat/) by BudgetBugout



The Compact Zombie Apocalypse Bag (/id/The-Compact-Zombie-Apocalypse-Bag/)

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nore a what your the anound have...

- Rifle, Shotgun or Assault Rifle. I'd prefer a good reliable sks carbine. semi auto, 7.62x39 mm ammo (same as the ak) and a five round clip. Good all around package...and it's a relatively cheap to get.

- 300-600 rounds of ammo. Because you never know.
- Good comfy backpack. You'll need a lot of storage for you gear.
- Sleeping bag. You will have to sleep sooner or later.
- Ear plugs. To drown out the moaning of the undead.
- Red glow sticks. Good light source.

- Hachet or machete. Both make great close quarters weapons and both are excellent survival tools.

- Folding shovel. Another good close quarters weapon... also good for digging latrines.

- Local map. Preferably a state or provincial map with roads/backroads and bodies of water.

- Compass. To work with your map and help you navigate.

- Self powered flashlight and radio. You need to see and keep up with current events.

- Rope. You'll need a lot, say a few hundred feet. And make sure it's of good quality.

- 8' x 10' tarp. Makes a good, quick tent.

- First Aid Kit. Make sure its not a cheap one, and put it in a waterproof bag that gause won't do any good wet.

- 12 big thick garbage bags. Good for everything from waterproofing your pack to making a poncho, to making a shower.

- 2 Rolls Paper towels. Good for toilet paper and snot rags.
- 2 or 3 sets of spare clothing. Obvious reasons...

- Dehydrated/Non perishable Food. MREs, Ramen noodles, canned food, granola, beef jerky it's all good.

- 2 Litres of Clean Drinking water and a means of getting more. Meaning either have a filter kit, or purification tablets or a stove to boil water.

- Deck of Cards and a novel. You will get bored.
- 2 pocket knives. The uses are endless.
- Multitool. again they can do anything from opening cans to cutting wire.
- Credit Card. Who knows when you'll need plastic...and it can jimmy locks.
- 4 Burlap sacks. If you'd like to make a quick foxhole/barricade.
- Waterproof matches/ flint and steel. You'll need fire.

## Step 2: What to wear...



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- Under Armor. It's light and will either keep you cool or keep you warm.

- Motocross/Paintball jersey. They are both a good long sleeve top that can breathe, or have room to add layers underneathe (depends on your climate)

- Soft elbow and knee pads. They dont hamper mobility and keep you comfy. Plus TRY biting through them.

- A solid pair of cargos. Light and have lots of storage space.
- A good headband. To keep the sweat out of your eyes.
- Waterproof hiking boots (broken in). You'll be on your feet a lot.
- Set of goggles that won't fog. Either snowboard, paintball or motocross will do.
- Bandana. to cover your nose and mouth. Things will get messy.
- Good set of gloves. Again motocross or paintball will do.

And keep in mind if it's cold out you'll need to dress/pack accordingly. Just keep in mind to cover up.